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The patient's physician or therapist should determine the appropriate effective pressures. Do not set the compression as snug as the bandaging; TheCinch/OptiFlow EC is a different technology. You are seeking the lowest pressure that exhibits a favorable response. If there is a decrease in circumference (determined by taking before and after measurements of the extremity), then this can be considered an effective pressure. Keep in mind that as the extremity reduces, TheCinch will have to be adjusted to accommodate the reduction. This is necessary to maintain the effective pressure. If there is no decrease in circumference, increase in circumference, or the application does not exhibit the waffling affect on the extremity, then there is most likely not enough pressure being applied to the extremity.

Pull TheCinch so that snug compression is felt on the extremity; however, the application shouldn't feel as tight as a bandage would. Monitor the measurements and make adjustments accordingly. Loosen or remove TheCinch if numbness, tingling and/or discomfort occur.

Cleaning Instructions

Washing

Hand wash in lukewarm water with a mild liquid dish washing soap. Do not use any soap that contains fabric softeners. Do NOT use Woolite! Do NOT dry clean!

Drying

For strapless garments squeeze out any excess water. For garments with straps, roll a towel up inside the sleeve and pull the straps as tight as possible to allow the towel to soak up any excess water. Now air dry the garment or place it in a dryer on the fluff cycle with **NO** or **LOW HEAT**. For garments with straps make sure that **all straps are closed** in the wearing position. For strapless garments Velcro close the garment in the wearing position. Place a tennis shoe in the dryer with the sleeve to keep it moving around for best results. These garments can take a long time to dry. For ReidSleeve Classic garments we recommend taking a full day to dry them in the dryer. **PowerSleeves included with garments should only be air dried.**

We offer a complete professional cleaning. Please contact us if you are interested in this service.